Is your child struggling?

If your household has experienced any serious stressors like these.

divorce illness
death
trauma addiction
injury separation
violence poverty
abuse neglect
incarceration

it could affect your child's **behavior** and performance in **school**.

If you're concerned about your child, come to our <u>free</u> community class:

STRESS SENSITIVITY

Learn:

- The science behind life stress
- The effects of toxic stress on school performance and behavior
 - How to respond to your struggling child
 - Resources to help you further

Tuesday, May 19th 6:00pm to 8:00pm

1255 N 1200 W, Orem

**Child care is available if needed.

Must reserve in advance.

Space is limited!

Call or email to reserve a spot or ask questions:



801-229-1181 or cfrost@utahvalleyfamilysupport.org