## COMING TO MEADOW ELEMENTARY

## BECOMING A LOVE AND LOGIC PARENT®

Instructor: Kerri Hundley

Would you like to feel more confident as a parent?
Would you like to have more fun parenting?
Would you like to feel more relaxed at the end of the day?

## Answers to:

- "How do I get them out of bed in time to catch the school bus?"
- "How can I stop my children from bickering and fighting?"
- "How do I get my children to help with the chores without an argument?"
- "How can I get my teenage daughter to come home at an agreed time?
- "How do I get him to stop spitting his peas and whining at dinner?

And many other day-to-day frustrations.

This 6-week course in parenting is designed to give you practical skills

That can be used immediately.

Dates: Feb. 24, Mar. 3, Mar. 10, Mar. 17, Mar. 24, Mar. 31 (Tuesdays)

Time: 7:00-8:30 p. m. (optional Q & A from 8:30-9)

Location: Meadow Elementary (176 S. 500 W. Lehi)

Cost: \$50 per person or \$60 per couple for Meadow patrons.

Please make check out to Kerri Hundley & mail or bring registration and check to:

Meadow Elementary C/O Kerri Hundley 176 S. 500 W. Lehi, UT 84043

Payment plans are available by contacting Kerri @ 801-610-8713 or kghundley@alpinedistrict.org

Registration Deadline: February 23, 2015